NATIONAL CPR AND AED AWARENESS WEEK TIMELINE

1930

The Defibrillator is Invented

The first A.E.D. machine is invented by William Kouwenhoven.

1956

The Mouth-to-Mouth Technique

Peter Safar and James Elam comes up with the first mouth-to-mouth resuscitation technique, which develops into the modern C.P.R. method in 1960.

1972

A Mass C.P.R. Training Event

American doctor Leonard Cobb holds the first mass civilian C.P.R. training event in Seattle, teaching the C.P.R. technique to 100,000 people in the program's first two years.

2007

National CPR and AED Week Becomes Official

The U.S. Congress officially declares June 1 to June 7 National CPR and AED Awareness Week, following a suggestion from the American Red Cross, the American Heart Association, and the National Safety Council.